



Boys & Girls Club
Services of Greater Victoria
A good place to be

PARENTING PROGRAMS FALL 2012

EVENING COMMUNITY WORKSHOP YOUR CHILD / YOUTH'S TEMPERAMENT

For Parents of children/youth age 6-19!

Parenting Programs provide safe, respectful environments which honour confidentiality and deliver practical ideas and skill development. Material presented is drawn from a curriculum that includes the following topics:

Adolescent Development, Turning over Responsibility, Respectful/Compassionate Communications, Strength-Based Parenting, Attachment/Relationship Parenting, Negotiating Fair Deal/Boundaries, Understanding Temperament, Self-Care, and more

Evening Community Workshops For parents of children/youth, age 6-19

- What:** **Your Child / Youth's Temperament**
Come out for an evening of education around the concepts of temperament and what that means for you, your child, your family dynamics and the choices you will all make.
- Where:** Panorama Recreation
Central Saanich Cultural Centre – Room A (beside Central Saanich Library)
1209 Clarke Road, Brentwood Bay
- Date/Time:** Thursday, November 29
7:00-9:00pm
- Fees:** \$10/participant
- Register:** 250-656-7271
www.crd.bc.ca/panorama/

Please note that registration for this workshop is only available through Panorama Recreation Centre.

Boys and Girls Clubs of Canada – Parenting Programs perspective is “the relationship between a parent and their teen (child) is the most important priority, and most parents already have the strengths and knowledge they need to successfully parent their children. Unfortunately, daily challenges of raising a family can affect parental confidence levels and relationships within families.” said Deena Ropp-Reis, Boys and Girls Clubs of Canada – Pacific Region. “We support families who are experiencing high levels of parenting stress as well as parents who are wishing to prepare for adolescent years. We have seen over and over again when parents have support they feel better able to parent their child and are able to respond in ways that promote healthy development and relationships.”

SUPPORTING PARENTS IN RAISING THEIR FAMILIES HELPING PARENTS AND YOUTH GROW TOGETHER

For more information about Parenting Programs
Jan Townsend - 250.217.4929 | jtownsend@bgcvc.org
A full description of Parenting Programs offerings can be found on our Website:
www.bgcvc.org