



Boys & Girls Club
Services of Greater Victoria
A good place to be

PARENTING PROGRAMS WINTER 2013

PARENTS TOGETHER

For parents of teens age 13-19!

Parenting Programs provide safe, respectful environments which honour confidentiality and deliver practical ideas and skill development. Material presented is drawn from a curriculum that includes the following topics:

Adolescent Development, Turning over Responsibility, Respectful/Compassionate Communications, Strength-Based Parenting, Attachment/Relationship Parenting, Negotiating Fair Deal/Boundaries, Understanding Temperament, Self-Care, and more

Parents Together Program For parents of teens, age 13-19

- Where:** Boys & Girls Club Services of Greater Victoria
1240 Yates Street, 3rd floor
- Date/Time:** Tuesdays, 6:30-8:45pm, begins Jan 8th
- About:** An education/group support program that explores all aspects of parent/teen relationship, developmental process, how to better communicate with your teen, and how to take care of your own needs while parenting a teen
- Suggested Cost:** \$30/person or \$45/couple plus \$15 for program book/additional materials
Subsidies Available – Please Inquire
- Registration:** **Must pre-register as minimum seating available (small group – max 15 participants)**
Please register with Boys & Girls Club Parenting Programs staff (see below)

Boys and Girls Clubs of Canada – Parenting Programs perspective is “the relationship between a parent and their teen (child) is the most important priority, and most parents already have the strengths and knowledge they need to successfully parent their children. Unfortunately, daily challenges of raising a family can affect parental confidence levels and relationships within families.” said Deena Ropp-Reis, Boys and Girls Clubs of Canada – Pacific Region. “We support families who are experiencing high levels of parenting stress as well as parents who are wishing to prepare for adolescent years. We have seen over and over again when parents have support they feel better able to parent their child and are able to respond in ways that promote healthy development and relationships.”

SUPPORTING PARENTS IN RAISING THEIR FAMILIES HELPING PARENTS AND YOUTH GROW TOGETHER

Parents Together is a copyrighted program of the Boys and Girls Clubs of Canada and is generously funded locally and regionally by the Ministry of Children and Family Development.

For more information call Jan Townsend at 250.217.4929
or email: jtownsend@bgcvic.org
A full description of Parenting Programs offerings can be found on our Website:
www.bgcvic.org



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of Canada
PACIFIC REGION