



Boys & Girls Club
Services of Greater Victoria
A good place to be

PARENTING PROGRAMS FALL 2012

EVENING COMMUNITY WORKSHOP A PLACE TO BEGIN – BULLYING

Boys & Girls Club Services of Greater Victoria is pleased to offer an Evening Community Workshop for
parents of children / youth, age 5-14.

The focus is to provide an opportunity to begin the conversation about creating anti-bullying environments.

Evening Community Workshop *For parents of children / youth, age 5-14*

- What:** **A Place to Begin – Bullying**
Join us for an evening community workshop on the first steps to recognizing and understanding bullying behaviours – the bully, the bullied, and the bystander.
- Ways to communicate with your child / youth and others about bullying behaviours
 - Identifying signs and symptoms of bullying behaviours – bully, bullied, and bystander
 - How to support yourself and your child / youth in creating an anti-bullying environment – at home, at school, at work, and at play
- Where:** **Boys & Girls Club Services of Greater Victoria**
1240 Yates Street, 3rd floor
- Date:** **Wednesday, December 5**
Time: **6:30-8:30pm**
- Suggested Cost:** \$10/person/workshop – Community members **Subsidies Available | Please Inquire**
\$ 5 /person/workshop – Boys & Girls Club participants/family
- Registration:** **Must pre-register** as minimum seating available
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Boys and Girls Clubs of Canada – Parenting Programs perspective is “the relationship between a parent and their teen (child) is the most important priority, and most parents already have the strengths and knowledge they need to successfully parent their children. Unfortunately, daily challenges of raising a family can affect parental confidence levels and relationships within families.” said Deena Ropp-Reis, Boys and Girls Clubs of Canada – Pacific Region. “We support families who are experiencing high levels of parenting stress as well as parents who are wishing to prepare for adolescent years. We have seen over and over again when parents have support they feel better able to parent their child and are able to respond in ways that promote healthy development and relationships.”

SUPPORTING PARENTS IN RAISING THEIR FAMILIES HELPING PARENTS AND YOUTH GROW TOGETHER

Funding for Parenting Programs Community Workshops is provided by United Way of Greater Victoria.

To register | more information:

Jan Townsend - 250.217.4929 | jtownsend@bgcvc.org

or

Karlee Grant – 250.216.9583 | kgrant@bgcvc.org

A full description of Parenting Programs offerings can be found on our Website:
www.bgcvc.org