



Boys & Girls Club
Services of Greater Victoria
A good place to be

PARENTING PROGRAMS FALL 2012

PARENTING WITHOUT POWER STRUGGLES

Parenting Programs and Ecole Bayside Middle School

are pleased to offer a 10 week program for parents of preteens/young teens!

Parenting Programs provide safe, respectful environments which honour confidentiality and deliver practical ideas and skill development. Material presented is drawn from a curriculum that includes the following topics:

Adolescent Development, Turning over Responsibility, Respectful/Compassionate Communications, Strength-Based Parenting, Attachment/Relationship Parenting, Negotiating Fair Deal/Boundaries, Understanding Temperament, Self-Care, and more

Parenting Without Power Struggles ***For parents of preteens/young teens, age 7-13***

- Where:** Ecole Bayside Middle School
1101 Newton Place, Brentwood Bay
- Date/Time:** Wednesday, 6:30-8:45pm – Oct 3-Dec 12 (no class Oct 17)
- About:** 10 week education/group support program that provides an overview of how families may be affected as children change/develop from preteen to teen
- Suggested Cost:** \$75/person, \$25/program manual - Community members
\$50/person, \$25/program manual - Boys & Girls Club participants & their family members
(manuals may be shared by family members)
Subsidies Available – Please Inquire
- Registration:** **Must pre-register as minimum seating available (small group – max 15 participants)**
Please register with Boys & Girls Club Parenting Programs staff (see below)
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Boys and Girls Clubs of Canada – Parenting Programs perspective is “the relationship between a parent and their teen (child) is the most important priority, and most parents already have the strengths and knowledge they need to successfully parent their children. Unfortunately, daily challenges of raising a family can affect parental confidence levels and relationships within families.” said Deena Ropp-Reis, Boys and Girls Clubs of Canada – Pacific Region. “We support families who are experiencing high levels of parenting stress as well as parents who are wishing to prepare for adolescent years. We have seen over and over again when parents have support they feel better able to parent their child and are able to respond in ways that promote healthy development and relationships.”

SUPPORTING PARENTS IN RAISING THEIR FAMILIES HELPING PARENTS AND YOUTH GROW TOGETHER

Parenting Without Power Struggles is a copyrighted program of the Boys and Girls Clubs of Canada and is funded regionally by Ministry of Children and Family Development, and partially funded locally by United Way of Greater Victoria.

For more information call Jan Townsend at 250.217.4929
or email: jtownsend@bgcvic.org
A full description of Parenting Programs offerings can be found on our Website:
www.bgcvic.org



Boys & Girls Clubs
of Canada
PACIFIC REGION