



Boys & Girls Club
Services of Greater Victoria
A good place to be

PARENTING PROGRAMS FALL 2012

EVENING COMMUNITY WORKSHOPS

For Parents of children/youth age 6-19!

Parenting Programs provide safe, respectful environments which honour confidentiality and deliver practical ideas and skill development. Material presented is drawn from a curriculum that includes the following topics:

Adolescent Development, Turning over Responsibility, Respectful/Compassionate Communications, Strength-Based Parenting, Attachment/Relationship Parenting, Negotiating Fair Deal/Boundaries, Understanding Temperament, Self-Care, and more

Evening Community Workshops For parents of children/youth, age 6-19

Where: Victoria West Community Centre
521 Craigflower Road, Victoria

Where: Panorama Recreation –
Central Saanich Cultural Centre
1209 Clarke Road, Brentwood Bay

Date: - Adolescent Development - **Sept 27**
- Your Child/Youth's Temperament - **Nov 8**

Date: - Adolescent Development - **Oct 4**
- Family Responsibilities - **Oct 25**

Time: Thursday, 6:30-8:30pm

Time: Thursday, 7:00-9:00pm

Fees: \$10/participant, \$5/BGC member

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Register: 250-590-8922 www.victoriawest.ca

Register: 250-656-7271 www.crd.bc.ca/panorama/

**Please note that registration for these programs is
only available through the recreation/community centres.**

Boys and Girls Clubs of Canada – Parenting Programs perspective is “the relationship between a parent and their teen (child) is the most important priority, and most parents already have the strengths and knowledge they need to successfully parent their children. Unfortunately, daily challenges of raising a family can affect parental confidence levels and relationships within families.” said Deena Ropp-Reis, Boys and Girls Clubs of Canada – Pacific Region. “We support families who are experiencing high levels of parenting stress as well as parents who are wishing to prepare for adolescent years. We have seen over and over again when parents have support they feel better able to parent their child and are able to respond in ways that promote healthy development and relationships.”

SUPPORTING PARENTS IN RAISING THEIR FAMILIES HELPING PARENTS AND YOUTH GROW TOGETHER

Funding for Parenting Programs Community Workshops is provided by United Way of Greater Victoria.

For more information about Parenting Programs Offerings
call Jan Townsend at 250.217.4929 or email: jtownsend@bgcvc.org
A full description of Parenting Programs offerings can be found on our Website:
www.bgcvc.org